

**BANK OF THE OZARKS 2007 Run For Their Lives 5K Run/Walk SPONSORED BY...**



Jimmy Tice



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Name: (Please print legibly)

Last: \_\_\_\_\_ First: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Sex (Circle one): **Male** **Female** Age on 3/17/07: \_\_\_\_\_

Address \_\_\_\_\_ Shirt Size: **S M L XL XXL**

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

\$15 Pre-Registration Enclosed (\$20 day of race)  \$\_\_\_\_\_ Additional Donation (One Child Sent to Camp for \$125)

**Release:**

I know that running and volunteering to work in races are potentially hazardous activities. I should not enter and run in this race unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in races including, but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Ministry to the Inner City and Bank of the Ozarks 5K Run For Their Lives, the City of Little Rock, ArkansasRunner.Com and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in the race and/or activities even though liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature if under 18 years: \_\_\_\_\_ Date: \_\_\_\_\_



March 17, 2007 - 8:00 am  
in Little Rock, Arkansas  
Race starts at 1401 W. Capitol  
Ave.  
and will end at KARK-TV  
Channel 4 Victory Building

You can pre-register at any  
Bank of the Ozarks branch or  
at Easy Runner on Bowman  
Road in Little Rock or the  
night before the race outside  
KARK-TV at 1401 W. Capitol  
from 5-7 pm

If mailing, make checks payable to:  
**Ministry to the Inner City**  
and mail this entry form to:  
**Ministry to the Inner City**  
P. O. Box 241188  
Little Rock, AR 72223-0021  
Must be postmarked by 3/13/06



The 10<sup>th</sup> annual **BANK OF THE OZARKS**  
**Run For Their Lives 5K Run/Walk**

will be benefiting local charities such as Fellowship of Christian Athletes, P.A.R.K.,  
STEP Ministries, Young Life, LTCare, and The Ministry to the Inner City.

**March 17, 2007 - 8:00 a.m.**

Race Starts at 1401 W. Capitol Ave. and will end at  
KARK-TV Channel 4 Victory Building

**PRIZE MONEY**

A new state 5K overall record (male or female) will pay a \$1,000 bonus.

Current Arkansas 5K road records are: Male 14:18 - Female 16:02

Awards: Overall 3 deep M/F; Masters 3 deep M/F; Age groups 3 deep M/F

Runners with remaining grade school or college eligibility are advised not to accept cash awards.

**Media Sponsors:**

**COMCAST**

**KARK-TV**

**INVITING ARKANSAS**



**OVERALL Male/Female:**

1<sup>st</sup> Place \$500 cash/medal  
2<sup>nd</sup> Place \$250 cash/medal  
3<sup>rd</sup> Place \$100 cash/medal

**MASTERS (40+) Male/Female:**

1<sup>st</sup> Place \$100 cash/medal  
2<sup>nd</sup> Place \$75 cash/medal  
3<sup>rd</sup> Place \$50 cash/medal

**AGE CATEGORIES Male/Female**

1<sup>st</sup> place \$50 cash/medal  
2<sup>nd</sup> place \$25 cash/medal  
3<sup>rd</sup> place \$15 cash/medal

9 & Under	15-19	25-29	35-39	45-49	55-59	65-69	80 Plus
10-14	20-24	30-34	40-44	50-54	60-64	70 Plus	Wheelchair

*Pre-registration packets may be picked up Friday, March 16th, at the KARK TV Channel 4 Victory Building from 5:00 p.m. to 7:00 p.m.*